

Three-in-One Benefit

Precision Health Guidance. DNA Screenings. Cancer Navigation.

Genomic Life helps optimize your health – now, and in the future – based on your personal health, family history, and DNA – to <u>catch disease early</u>, <u>inform choices</u>, and <u>tailor care so it works best for you</u>.

1

Precision Health Guidance

Our program adjusts to your pace, offers ongoing help, and provides easy to follow steps to support your health journey.

- Personalized health actions
- Access to our navigation team
- Decision-making support

2

DNA Screenings

Identify your personal health risks using your DNA.

Genetic Health Screen for many disease risks including certain types of cancer and heart disease.

Pharmacogenomic Testing to help your care team understand how to optimize your medications.

Carrier Screening to inform family planning decisions.

- Supports earlier detection, prevention, and more effective treatment of diseases
- Disorders screened have medical interventions available
- Access to care coordination and genetic counseling, as needed

3

Cancer Navigation

Access expert cancer navigators and advanced cancer resources if you're diagnosed with cancer, are a cancer survivor, or have a significant family history of cancer to help ensure guideline-recommended actions and care throughout your journey.

- 1-on-1 support with a cancer navigator
- Decision-making support and coordination of care
- Tumor genomic profiling and diagnostic testing, as needed

Monthly Rate

Employee Only

Employee + Spouse

\$15.00

\$30.00

1 in 6

1 in 6 people carry a genetic risk for diseases with available interventions¹ **50**%

50% of cancers are thought to be preventable by lifestyle changes²

Want to learn more? Have questions? Visit genomiclife.com/learn or call (844) 694-3666